

	UCO MET	FIRST YEAR SEMINAR WAIVED FOR TRANSFER STUDENTS WITH 30 OR MORE HOURS OF CREDIT PRIOR TO ENROLLING AT APPALACHIAN	
ENG 111	RC 1000	Expository Writing	3
ENG 114 or COM 231	RC 2001 or COM 2105	Intro. Writing Across Curriculum [recommended] or Public Speaking in the Disciplines (LSE)	3
PSY 150	PSY 1200	Psychological Foundations (Liberal Studies Experience)	3
UGETC HUM MAT 143 or 171	GEP MAT or MAT 1020	Liberal Studies Experience Quantitative Literacy	3
		Nutrition and Health (Wellness Literacy)	3
BIO 165	ES 2031	Human Anatomy & Physiology I	4

General Education Requirements			
	CHE 1101 & 1110	Introductory Chemistry I (Science Inquiry)	4
	CHE 1102 & 1120	Introductory Chemistry II (Science Inquiry)	4
	RC 2001	Writing Across the Curriculum (if ENG 114 not taken)	0-3*
		Integrative Learning Experience (w/designations)	9
		Liberal Studies Experience (w/designations)	3-6
		Note: 3 hours each of Fine Arts, Historical Studies, and Literary Studies must be taken in ILE or LSE)	
		TOTAL	23
Major Requirements			
	BIO 1801	Biological Concepts I	4
	PHY 1103	General Physics I	4
	PHY 1104	General Physics II	4
	ES 2002	Introduction to Exercise Science	3
	ES 2020 or STT 2810 or STT 2820	Measurement and Evaluation or Introduction to Statistics or Reasoning with Statistics	3
	ES 3002	Exercise Physiology (WID)	3
	ES 3005	Advanced Physiological Assessment (CAP)	3
	ES 3550	Introduction to Biomechanics	4
	MAT 1020	College Algebra with Applications (if MAT 171 not taken)	0-4
	Free Elec		0-1
		MAJOR TOTAL	28-32
		TOTAL	120